



# 2025 CAR SEAT

# Check-Ups

To make an appointment scan the QR code below or visit <https://tinyurl.com/3zyuek3a>



## DATES/TIMES OF APPOINTMENTS AVAILABLE

	January 8	Puklich Chevrolet	11 a.m. - 2 p.m.
	February 12	Puklich Chevrolet	3 p.m. - 6 p.m.
<b>SATURDAY</b>	March 8	Puklich Chevrolet	10 a.m. - 1 p.m.
	April 9	Puklich Chevrolet	11 a.m. - 2 p.m.
	May 14	Puklich Chevrolet	3 p.m. - 6 p.m.
	June 11	Puklich Chevrolet	11 a.m. - 2 p.m.
	July 9	Puklich Chevrolet	3 p.m. - 6 p.m.
	August 13	Puklich Chevrolet	11 a.m. - 2 p.m.
<b>SEAT CHECK SATURDAY</b>	September 27	Puklich Chevrolet	10 a.m. - 1 p.m.
	October 8	Puklich Chevrolet	3 p.m. - 6 p.m.
<b>SATURDAY</b>	November 22	Puklich Chevrolet	10 a.m. - 1 p.m.
	December 10	Puklich Chevrolet	11 a.m. - 2 p.m.
	January 14, 2026	Puklich Chevrolet	3 p.m. - 6 p.m.
	February 11, 2026	Puklich Chevrolet	11 a.m. - 2 p.m.

**SPONSORED BY:  
Bismarck-Mandan  
Safety Council**

***puklich***

HWY 83 & N Calgary Ave.  
Bismarck

## Please Bring:



**Car seat instructions &  
vehicle owner's manual**

## Education and hands-on assistance will be provided with:

- Installing the car seat correctly in your vehicle
- Securing the child safely in the car seat

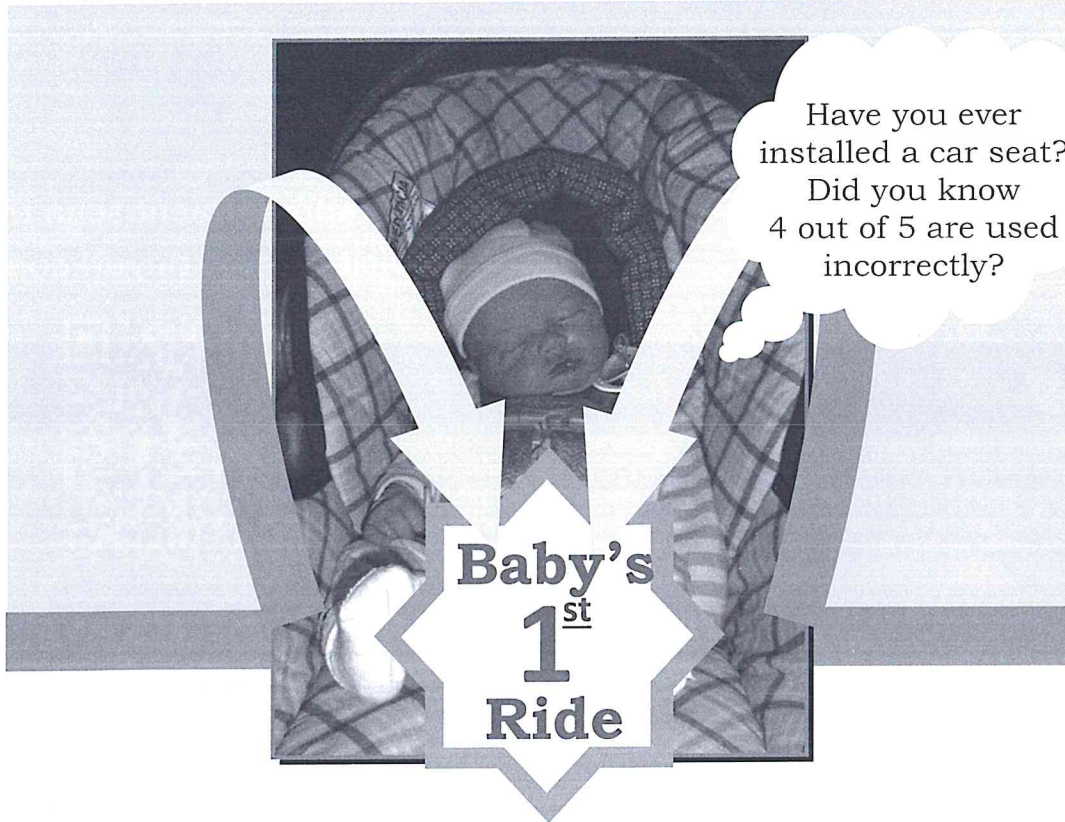


## Your seat will be checked to be sure:

- It is in good condition, meets federal standards and has not been recalled
- It is appropriate for your child's age, weight and height



# CAR SEAT CLASS FOR NEW OR EXPECTANT CAREGIVERS



**Baby's First Ride** is a *free* class that Essentia Health encourages you to take prior to your delivery.

**If you have purchased a car seat, please bring it to class.**

**Hands-on training will be offered in a classroom setting only.**

**CALL OR GO ONLINE FOR CLASS DATES AT ESSENTIA HEALTH.**



**REGISTER ONLINE**  
@ [EssentiaHealth.org](http://EssentiaHealth.org)  
Click on "Classes & Events" on our homepage.  
Questions: Call (701) 712-4240



**Baby's First Ride** is a *free* class that St. A's encourages you to take prior to your delivery.

**If you have purchased a car seat, please bring it to class.**

**Hands-on training will be offered in a classroom setting only.**

**CALL OR GO ONLINE FOR CLASS DATES AT CHI ST. ALEXIUS HEALTH.**



**REGISTER ONLINE**  
@ [www.chihealthevents.com/StAlexius](http://www.chihealthevents.com/StAlexius)  
Questions: Call (701) 530.4270



**Baby's First Ride** is being offered during the Baby Basics class provided by Sanford Health.

**If you have purchased a car seat, please bring it to class.**

**Hands-on training will be offered in a classroom setting only.**

**CALL OR GO ONLINE FOR CLASS DATES AT SANFORD HEALTH.**



**REGISTER ONLINE**  
@ [sanfordhealth.org](http://sanfordhealth.org)  
(Keyword: Bismarck Baby Basics).  
Questions: Call (701) 323-6513.